

## SCHEME OF PAPERS

Following twelve papers along with their duration shall make the comprehensive syllabus of the diploma.

SEMESTER I		
Course No	Course Title	Credits
	Fundamentals of Theory and Practice of Hypnosis I	2
I		
	Fundamentals of Psychology, Physiology, and Hypnotherapy I	2
II		
	Application of Hypnosis in Medicine, Dentistry and Psychology I	2
III		
IV	Basics of Psychology Clinical Practice (Practicum)	3
V		
VI	Viva-voce	2

SEMESTER II		
Course No	Course Title	Credits
	Fundamentals of Theory and Practice of Hypnosis II	2
VII		
	Fundamentals of Psychology, Physiology, and Hypnotherapy II	2
VIII		
	Application of Hypnosis in Medicine, Dentistry and Psychology II	2
IX		
X	Health and Well-being	2
XI	Clinical Practice (Practicum)	3
XII	Viva-voce	2

For papers V and XI the candidate will have to submit 5 cases each which will be assessed out of 30 marks for the internal evaluation.

## DETAILED SYLLABUS

The detailed syllabus for each Paper is available on the University website [www.msubaroda.ac.in](http://www.msubaroda.ac.in)

## ADMISSION PROCEDURE

The candidate will be required to fill in the prescribed admission form and pay the admission process fees. An interview will be conducted for all the candidates. Admission for the Diploma will be based on academic performance at Graduation, Post Graduation, work experience and performance in the interview. The selected candidates will be required to pay the prescribed tuition and other fees within the given due date. Non compliance with the same might lead to cancellation of admission.

## FEE STRUCTURE

Rs 30,460/- for the one year course. The fees mentioned here may be increased by University as per the University rules and the same shall be intimidated officially to the students who will be required to pay the revised fees

## FOR FURTHER INFORMATION CONTACT

### DEPARTMENT OF PSYCHOLOGY OFFICE

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# POST GRADUATE DIPLOMA IN CLINICAL AND APPLIED HYPNOSIS

## INTRODUCTION

Hypnosis is a useful adjunctive procedure in behavioural treatments of conditions associated with stress, anxiety and maladaptive habits. It may augment the process of dynamic psychotherapy by facilitating access to repressed conflicts, impulses, memories and emotions which may underlie the presenting symptoms.

It is a beneficial procedure in the management of medico-psychological conditions, many of which are often labeled "psychosomatic", such as asthma, migraine and tension headache, dermatological complaints, hypertension, gastrointestinal conditions such as ulcers and irritable bowel syndrome, sleep disturbances as well as the management of any conditions giving rise to pain.

Hypnosis is widely applied both within and outside the health service by general practitioners, medical specialists, psychiatrists, dentists, clinical, educational, and occupational and sports psychologists, counselors, speech therapists and others.

## OBJECTIVES OF THE COURSE

The overall aim of the course is to enable students to:

- Gain a thorough rational and scientific understanding of the nature of hypnosis, its history, current theories and research issues, legal, ethical and professional matters regarding the practice of hypnosis;
- Have a thorough understanding of the procedures and research evidence for the application of hypnosis to common psychological disorders and difficulties, medical problems, performance enhancement and dental interventions; and
- Apply hypnotic procedures competently in those areas which fall within the scope of his or her professional work.

## DURATION

Candidates admitted to PGDCAH program will undergo the prescribed course of study for one academic year comprised of two semesters.

It is a part time course, classes conducted for 2 hours a day, 5-day week, evening 4:00 to 6:00 p.m.

Employed students will have to procure a NOC No Objection Certificate from their employers.

## ELIGIBILITY

A candidate seeking admission to PG Diploma in Clinical and Applied Hypnosis must satisfy following conditions:

1. Candidate must have obtained a Graduate or Master's degree in Psychology, Medicine, Dentistry, Physiotherapy, Homoeopathy, Ayurveda, Naturopathy from any of the UGC recognized Universities.
2. Candidates must have obtained minimum 50% marks in the aggregate or equivalent grade at Graduate or/and postgraduate level.
3. Candidate must have English as a compulsory subject at final school certificate stage.

## ATTENDANCE

Every candidate must have 80% attendance in each of the courses during both semesters. All holidays and vacation period, notified by the M. S. University will be observed as holidays for the Diploma course.

## MEDIUM OF INSTRUCTION

Medium of instruction is English.